



## A Matter of Balance Lay Leader Model Materials Prices and Ordering Information

\*\* All prices subject to change. Shipping and handling fees will apply. \*\*

Master Trainers can order the following items from the Matter of Balance Training Materials online ordering website [www.mobmaterials.com](http://www.mobmaterials.com). You will be prompted to set up a user account when you log onto the website.

ITEM	PRICE
Coach Handbook / MOB-V Coach Handbook	\$50.00
Participant Workbook / MOB-V Participant Workbook	\$15.00
Guest Therapist Handbook	\$13.00
Spanish Coach Handbook	\$50.00
Spanish Participant Workbook	\$15.00
Low Vision Exercise Audio CD	\$7.00
Audio Participant Workbook CD	\$5.00
<b>A Matter of Balance DVD – MaineHealth</b> <i>Informational video to help promote the program.</i>	\$11.00
<b>NOTE: The <i>Fear of Falling: A Matter of Balance</i> and <i>Exercise: It's Never Too Late</i> DVDs are ordered directly from the distributor, Terra Nova Films, Inc. See page 64 for prices and ordering information.</b>	

### SHIPPING FEES VIA UPS

Order Amount	Ground	2 <sup>nd</sup> Day Air	Next Day Air
Up to \$50	\$47.00	\$52.00	\$62.00
\$51 - \$250	\$62.00	\$87.00	\$107.00
\$251 - \$500	\$92.00	\$137.00	\$167.00
\$501 - \$1,000	\$102.00	\$177.00	\$217.00
\$1001 - \$2000	\$117.00	\$217.00	\$292.00
\$2001 - \$5000	\$167.00	\$292.00	\$467.00

- You will have the option to pay by credit card (Visa, MasterCard, Discover). The materials will be shipped to you upon payment.
- You will have the option to receive an invoice. However, the **materials will not be shipped until payment is received.**

If you have any questions please contact MaineHealth at [PFHA@mainehealth.org](mailto:PFHA@mainehealth.org) or (207) 661-7120.